

A voyage of Self-exploration, Spirituality, Sacredness that will make your English

# zenglish Manglo-Continental









PROGRAM ON SELF-DISCOVERY
AND SPIRITUALITY

### For the first time in England

- Upgrade Your English-speaking Skills
- Explore Spiritual And Personal Growth Topics
- · Go On A Journey Of Self-discovery
- · Visit And Connect To Spiritual Sites In England
- Meet Like-minded People









#### **CONTENT:**

 The course is a journey of 6 steps that go inward and upwards and comprises 42 classes of zen content + glish content) plus a final moment of presentation of your MANDALA.

**TOTAL OF 60 HOURS** 





#### **LOCAL TRIPS:**

(Visit the most sacred sites in England)

#### **ACCOMMODATION:**

host family

#### **MEALS:**

Half-board





## WHO IS THIS COURSE FOR?

 This course is designed for you if you feel ready to embark on a journey of self-discovery and healing as you improve your English and learn new course content.



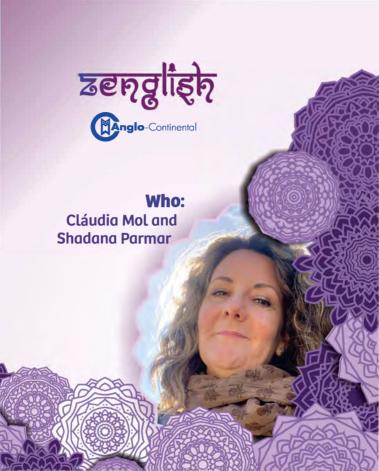




## ENTRY REQUIREMENTS:

- Minimum level of English: A2-B1
- Short letter of intent explaining why you would like to take this course
- Interview with Cláudia Mol







#### **MEET THE TEACHERS:**

Cláudia Mol started her professional life as a Biologist and, after almost finishing her Master's in Microbiology, gave up everything and decided to pursue a career as an English teacher. After teaching in different schools, she decided to start her own business, and that's when, in 1996, she opened Blue Bell Idiomas. Since then, Claudia has taught all ages and courses, trained teachers, and traveled the world as a Study Abroad Consultant. She chose to be a teacher because she loves people, and that's precisely her company's motto: WE LOVE PEOPLE AND KNOW-HOW! From an early age, she's felt a deep connection with the spiritual realms and knows that even the name of her school was God-given (Bluebell is the flower of the fairies). She considers herself a soul seeker and has been healing by studying different traditions and healing methods. When she came up with the idea of starting Zenglish in 2011, she saw the possibility of bringing her passions, teaching, and spirituality together. Although she's not a therapist and doesn't specialize in any of the topics she discusses in the course, she feels Zenglish has a deeper purpose and can reach

different people unpretentiouslu!

After all these years of teaching Zenglish in South America, she expanded her 'Zen tribe'! The first country to host her course outside Brazil is the UK.

**Sadhana Parmar** (teacher at Anglo-Continental) is the teacher who's going to complement each topic with extra language exploration and practice.





